

# The Hive's Children's University Summer Challenges 2025

## Get Cooking Challenges

### The Hive Store Cupboard Challenge.

With the support of your family, take a look at what you have in your food cupboards and design a meal based around what you have at home!

Make a list of your ingredients and design a recipe of your own!

Write a review of your recipe and add in any changes you think you may try next time, add a photo and send it to us

categories. Practical Life Skills

Skills: Problem Solving, Team Work and Creativity

1 credit



### Kitchen Games - Coloured Water - magic with vegetables (cooking)

The videos in Kitchen Games are short: between 2 and 12 mins, with an average of about 8 mins. Children can watch on their own and then if they want to try a particular activity they might get a little help from their parents (according to age). Moving on from one idea to another, they will learn many skills and an understanding of some basic cookery. There are no long lists of ingredients; everything is easily available and no extensive equipment is required. There are no actual recipes. The method is clearly explained and there is an opportunity for creativity, in substituting different ingredients, or making a smaller or larger amount. The tone of the channel is designed not so much to 'teach' but for me to share my lifetime knowledge of food and cookery in a welcoming way.

[Watch Coloured Water here](#)

Also, why not try 'Kitchen Games - Frog Melon (cooking)' too, A bit of fun to do with or for the children. Learn how to cut a melon into a hungry frog. There's no recipe; just watch the instructions and you'll see how it's done. But take care with the knives!!

♥ [\*\(Suggestion from The Hive - Did you know a set of safe children's cutting knives can be bought for under £7, they are fully washable and reusable. We have tried and tested them! \)\*](#)

[Watch 'Frog Melon' here](#)

Categories: Family learning, Online, Practical life skills

Skills: Listening Speaking Creativity



0.5 credits per activity